



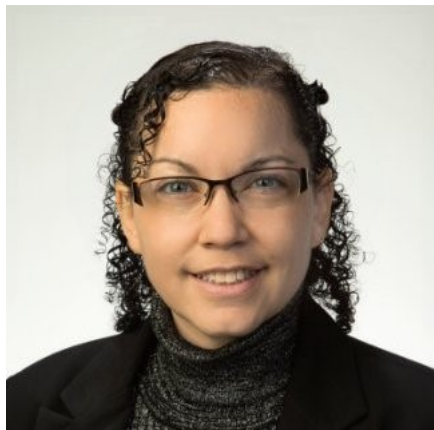
HEALTHCARE EXECUTIVE FORUM, INC. (HEF)

The Western New York Chapter of the American College of Healthcare Executives (ACHE)

2016 Q3 NEWSLETTER

From our Leader

Quarterly message from the chapter leader.



Giving back is such a rewarding way to benefit from your ACHE membership. Everyone can be involved. There are multiple ways you can contribute to the success of our chapter, our members, and our

profession. One way to do this is by joining a committee. I had the great privilege of co-chairing the program committee for a few years. It was wonderful! I had the opportunity to meet and interact with so many colleagues. I was able to do activities I would not normally get to do in the course of my workday. It was energizing and invigorating. My co-chair was none other than our current president, Sudha Bommidi, FACHE. We have become great colleagues and friends over the years.

Did you know our board holds open meetings? Consider attending one of our meetings and see what is involved in running the chapter. We have some new members who are enthusiastically engaged with our board. I have served as chapter president and am currently serving as immediate past president. It is a wonderful way to connect with my fellow board members and serve our chapter members. I received much more than I ever could give.

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Chapter Officers

President:

Sudha Bommidi, MBA, CPHQ, CMRP, CSSBB, FACHE

Immediate Past President:

Vi-Anne Antrum, MSN, MBA, RN, NEA-BC, FACHE

Treasurer:

Rachael Nees, MBA, FACHE

Program Committee:

Tauheedah Scott, MBA
Warren Marcus

Membership Committee:

Momba Chia, MHA
Warren Marcus

Communications Committee:

Ju Yi Chen
Momba Chia, MHA

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Not a lot of time? Volunteer to assist with an event. It is a wonderful way to branch out without the time investment of being on a committee. No time? Make a commitment to a culture of philanthropy by donating to the ACHE Fund for Innovation. The money goes to promote ethics programming and innovative management practices. Your donation will assist early careerists, candidates of diversity, and emerging leaders, just to name a few. Any amount helps—even \$5 will make a significant impact if we all do it.

I encourage you—do not wait! Your time is now. Give back and see how much you get in return.

—Vi-Anne Antrum, MSN, MBA, RN, NEA-BC, FACHE



Articles of Interest

Articles about leadership/management from ACHÉ.

The Psychology of Success: Leadership Lessons From an Olympic Swimmer

What could Olympic medalist Katie Ledecky, who holds five gold medals in swimming and shattered the world record in the 800-meter freestyle at the 2016 Olympics, teach healthcare leaders about leadership? Four lessons stand out.

Do the work. Ledecky's day starts at 4:05 a.m. with a breakfast of two slices of toast with peanut butter and a banana or apple before swimming from 5-6:30 a.m. and again from 3:30-6 p.m., not counting one hour of dry-land training three days a week. She's spent thousands of hours spent honing her skills—and she's 19. More than that: She wants to do the work required to succeed on a global level.

Skip the back-up plan. When your primary goal is the only goal in sight, you'll work harder to achieve it.

Don't follow the crowd. Ledecky trains at near-race pace every day, twice a day, with a stroke rate that is significantly higher than the rate of most swimmers.

Set big goals. Ledecky doesn't just want to win each race. She wants to set world records—and she has, multiple times.

Never stop setting goals. After Ledecky first broke the world record in 800-meter freestyle, she and her coach set a goal to do it again, this time with a winning time under 8 minutes, 5 seconds. Ledecky's winning time in the 2016 Olympics: 8 minutes, 4.79 seconds.

—Adapted from “6 Ways Katie Ledecky Thinks Differently: The Psychology of Success,” *inc.com*, Aug. 11, 2016.

5 Things Productive People Do Differently

How do some of the world's greatest talents manage their time? Forbes gleaned these tips from several masters of the art of business.

They don't use to-do lists. Instead, highly productive people schedule tasks on their calendar—and they stick to that calendar down to the minute.

They carry a notebook. Richard Branson of Virgin fame doesn't go anywhere without a notebook, and neither did Greek shipping magnate Aristotle Onassis. Carrying a notebook enables you to write down that million-dollar idea whenever the idea presents itself—and before you have a chance to forget.

They focus on minutes, not hours. As Olympic gymnast Shannon Miller once told Forbes author Kevin Kruse, "To this day, I keep a schedule that is almost minute by minute." Successful people know the value of their time and hold themselves accountable for time spent.

They concentrate on just one thing at a time. Highly successful people like Tom Ziglar, CEO of Ziglar Inc., invest the first hour or two of their day working on their No. 1 business priority.

They make it home for dinner. Highly successful people know there will always be reasons to stay longer at work, but they make time for the things they value outside of work, too, from family to friends to exercise to favorite hobbies.

—Adapted from "15 Surprising Things Productive People Do Differently" by Kevin Kruse, Forbes.com, Jan. 20, 2016.

National News

Articles about leadership/management from ACHE.

ACHE's On-Location Programs Offer Customized Education On-Site

ACHE's On-Location Programs are customized ACHE seminars that can be brought directly to your organization. ACHE will help coordinate faculty and produce materials; your team will conveniently earn ACHE Face-to-Face Education credits.

On-Location Programs cover a range of topics, including:

- Career development
- Community health and involvement
- Customer satisfaction
- Diversity
- Facility design and construction
- Financial management
- General management and administration
- Health systems and delivery
- Human resources and workforce issues
- Law
- Leadership
- Marketing and strategic planning
- Medical staff relationships
- Public policy
- Quality and patient safety

Depending on the length of the program, seminars are assigned 3, 6, or 12 ACHE Face-to-Face Education credits toward advancement or recertification in ACHE.

ACHE will work with organizations to build a program

that suits their needs. For more information, contact Catie L. Russo, program specialist, Division of Professional Development, at crusso@ache.org or (312) 424-9362.

Gain Strategies for Achieving Health Equity During Fund Program

Addressing disparities in care and improving health equity requires leadership, vision, teamwork and an understanding of the problem and its potential solutions. ACHE's Fund for Innovation in Healthcare Leadership will host a special program this November that will explore proven tactics for advancing healthcare equity.

"Achieving Care Equity: The Ethical Imperative" will be held Fri., Nov. 11, in Atlanta following ACHE's Atlanta Cluster. This half-day seminar will provide proven strategies for building a sustainable and meaningful equity-of-care strategy based on data that reflects the community and marketplace. Senior leaders of progressive organizations will share their journey toward eliminating racial and ethnic healthcare disparities and achieving care equity.

During this seminar, participants will:

- Identify the challenges posed by personal bias and assumptions
- Examine a community-based approach to health equity that aligns healthcare organizations, payers and community entities

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- Understand leaders' roles in ensuring the provision of culturally sound care and making cultural competency an organizational priority

[Learn more and register.](#)

Are You Due to Recertify Your FACHE Credential in 2016?

Demonstrate your continued dedication and commitment to lifelong learning by recertifying your FACHE® credential.

Visit my.ache.org (login required) to learn when you are due to recertify. If you are required to recertify in 2016, you will see a link to your personalized online recertification application. Please submit this application no later than Dec. 31; include your Qualified Education credits and your community/civic and healthcare activities.

For more information, please visit ache.org/Recertify. You may also contact the ACHE Customer Service Center at (312) 424-9400 Monday–Friday 8 a.m.–5 p.m. Central time or email contact@ache.org.

Save Time and Money with ACHE Self-Study Program

Need to earn ACHE Qualified Education credits? Earn six hours by completing a course through ACHE's Self-Study Program. Self-Study courses are portable and

ready for you anytime—at home, in the office, and more. Topics include finance, human resources, leadership and management. Take advantage of ACHE's special offer: purchase one self-study course and receive a second course at 50 percent off. To review a list of available courses and corresponding Health Administration Press books and to place an order, visit [the ACHE website](#).

ACHE to Host Special Program for Physician Executives

ACHE's Physician Executives Forum will offer a one-day educational program this fall to provide an affordable opportunity for learning and networking.

"Navigating the Perils of Value-Based Care Delivery: The Essential Role of the Physician Leader," ACHE's Physician Executives Forum program, will be held Oct. 8, 2016, at the Westin O'Hare, Chicago. Experienced physician executives and those who are new to this role will gain a detailed understanding of changes in the current healthcare environment, examine models from high-performing accountable care organizations and lessons learned from failed ACOs, discover implementation strategies for value-based care delivery and discuss the importance of relationship building. For more information, or to register, visit ache.org/PEProgram.

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ACHE also offers curated content for physician leaders from our *Elevating Leadership* newsletter and *Healthcare Executive* magazine. [View select physician leader articles](#) under the “Additional Physician Resources” section of our physician leader website, ache.org/physicianleader.

ACHE Offers Tuition Waiver Assistance for Education Programs

To increase the availability of ACHE educational programming for Members experiencing economic hardship, ACHE has established the Tuition Waiver Assistance Program.

ACHE makes available a limited number of tuition waivers to Members and Fellows whose organizations lack the resources to fund their tuition for education programs. Those in career transition also are encouraged to apply. Tuition waivers are based on financial need and are available for the following ACHE education programs:

- Congress on Healthcare Leadership
- Cluster Seminars
- Self-Study Programs
- Online Education Programs
- Online Tutorial (Board of Governors Exam preparation)
- ACHE Board of Governors Exam Review Course

All requests are due at least eight weeks before the program date, except for ACHE self-study courses; see quarterly application deadlines on the FAQ page of the tuition waiver application for complete information. Incomplete applications and those received after the deadline will not be considered. Recipients will be notified of the waiver review panel's decision at least six weeks before the program date. For ACHE self-study courses, applicants will be notified three weeks after the quarterly application deadline.

If you have questions about the program, please contact Teri Somrak, associate director, Division of Professional Development, at (312) 424-9354 or tsomrak@ache.org. For more information, visit ache.org/Tuitionwaiver.

Offering a Postgraduate Fellowship? ACHE Can Help

ACHE would like to know if your organization is offering a postgraduate fellowship for the upcoming year. If so, we encourage you to add it to our complementary Directory of Postgraduate Administrative Fellowships at ache.org/Postgrad.

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As a healthcare leader, you know how crucial it is to attract and develop highly qualified professionals in your organization. Gain exposure and start attracting top-notch applicants by posting your organization's program on ACHE's Directory. You may add a new listing or update a previous one at any time by completing the [Online Listing Form](#).

Questions? Please contact Liz Catalano, membership coordinator at (312) 424-9374 or email ecatalano@ache.org

Event Highlights

SUMMER NETWORKING EVENT



We had a good summer networking event on Thursday, July 28,
at Templeton Landing Restaurant.

We had a great turnout.

Extra thank you to Betsy Wright, the Regent of Northern and West New York
and to Gerry Berish, our Regional Director for joining us.

Upcoming Events



Healthcare Executive Forum, Inc. (HEF)

Conversation with an Executive

This event features eminent leaders and executives in healthcare, their career path, and tips on how to uncover and unleash your hidden potential towards a successful career.

featuring

Victor A. Filadora

Chief of Clinical Services
at
Roswell Park Cancer
Institute

Thursday, October 6
5:30 - 7:30 PM

30 minutes networking
followed by the talk

**Roswell Park Cancer
Institute – Patrick P Lee
Board Conference Room**

Elm & Carlton Streets, Buffalo, NY 14263

**Free and open to the public,
RSVP TODAY @**

ConvwithVictorFiladora.eventzilla.net

As an independent chartered Chapter of the American College of Healthcare Executives, the Healthcare Executive Forum, Inc. is authorized to award 1.0 hours each of ACEH Qualified Education credit toward advancement or recertification in the American College of Healthcare Executives.

An Independent Chapter of



American College of
Healthcare Executives
for leaders who care®

Healthcare Executive Forum, Inc. (HEF)

Email: info@hefny.ache.org

Website: <http://hef.ache.org>



ACHE Face-to-Face Panel Planned for November 2 in Buffalo

HEF, Inc. is holding a Face-to-Face Panel, feature topic: **Equity of Care**, set for November 2nd, 2016 at Templeton Landing Restaurant.

More information to come...

Vote for your ACHE Regent for New York - Northern and Western

Remember to cast your vote in the 2016 – 2017 Council of Regents Election before October 7th, 2016. ACHE members should have received an email from ACHE with a link to vote.

Your vote counts!

If you have any questions, please contact Caitlin E. Stine at cstine@ache.org or (312) 424-9324.

Contact Us

Healthcare Executive Forum, Inc. (HEF)

Email us at info@hefny.ache.org

Website <http://hef.ache.org/>

